

Students in Division 6 using the "Arm Pretzel" - an exercise kids can do when they feel "Slow and Tired" or "Fast and Wiggly



Students in Division 10 using the "Bubble Creating" - an exercise kids can do when they feel "Slow and Tired", "Fast and Emotional", or "Fast and Wiggly



Students in Division 10 using the "Finger Creating" - an exercise kids can do when they feel "Slow and Tired" or "Fast and Wiggly

