

# Tomsett Elementary Week at a Glance - March 27-31, 2023

**Monday March 27 - Welcome Back to school! Term 3 begins!**

**Tuesday March 28 - Toonie Tuesday Weekly PAC Fundraiser**



**Wednesday March 29 - MacNeill Secondary Grade 6/7 Basketball Tournament  
- PAC Meeting 6:30pm**

**Thursday March 30 - PAC Hot Lunch**

**Friday March 31 -**



## Upcoming Events

-Spring Break!

-Mar 11-26

-First day back after

Spring Break - Mar 27

-MacNeill Basketball

Tournament - Mar 29

-PAC Meeting - Mar 29

## Term 2 Reports Published

Our staff and students have worked VERY HARD this past term! Please take the time to access and download your child's report card on MyEd, and have a conversation with them about their learning!

## Spring Lunches for Students!

Spring MunchaLunch is NOW OPEN for ordering! Please consider ordering your child a lunch EVERY THURSDAY in Term 3! This supports our PAC and our school, and it's a nice treat for you and your child!

## For More Information:

@TomsettSchool (Twitter)

tomsett.sd38.bc.ca (Website)

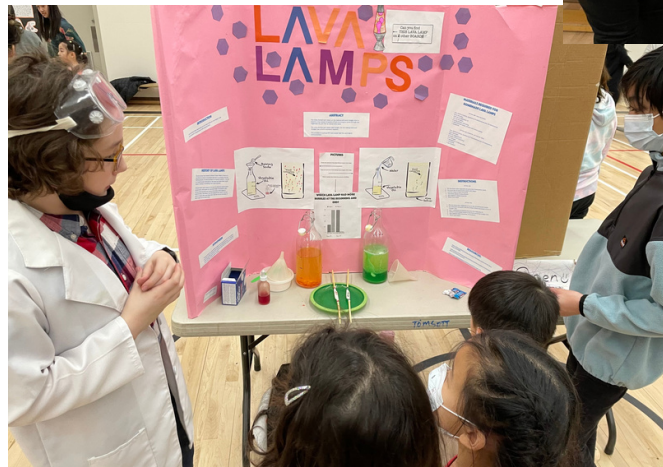
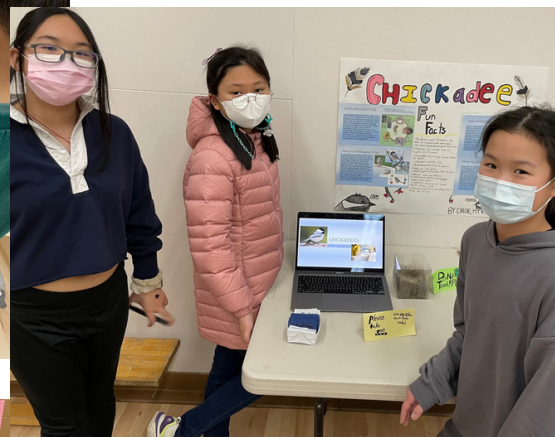
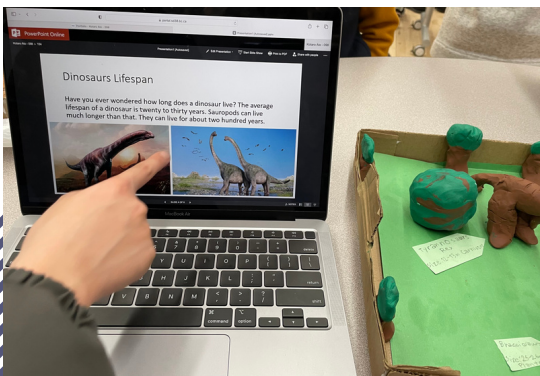
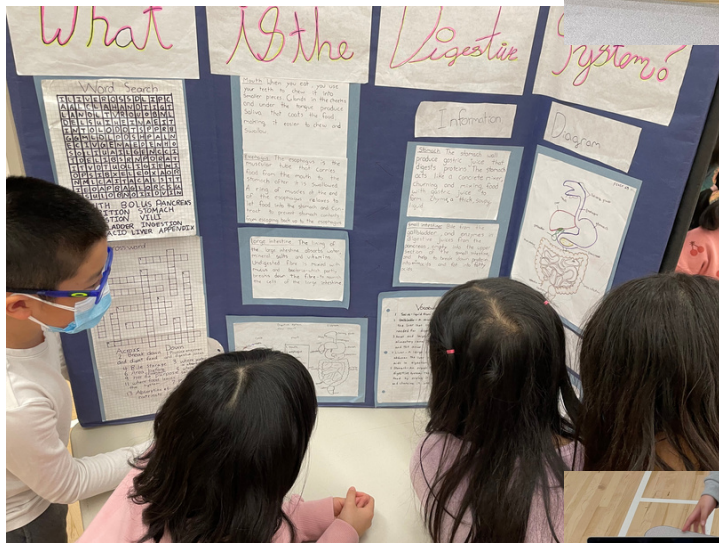
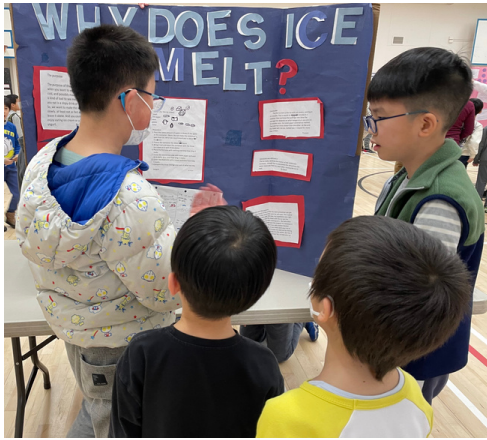
*Have a Wonderful Spring Break!*

# Band and Choir Concert!



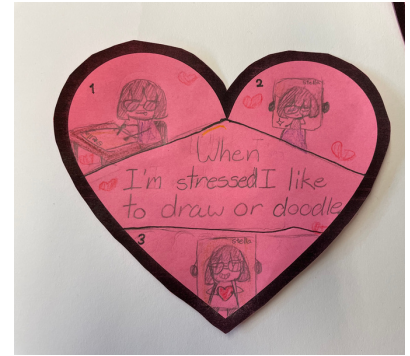
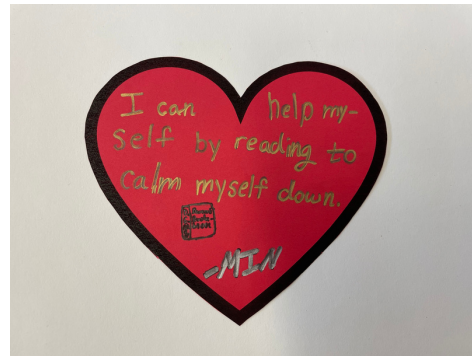
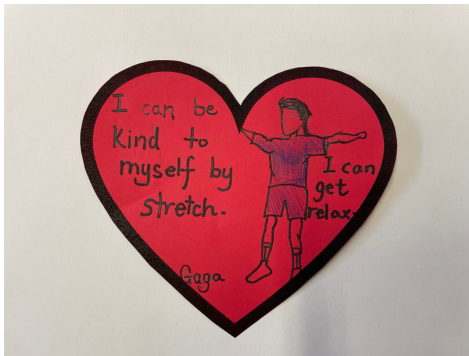
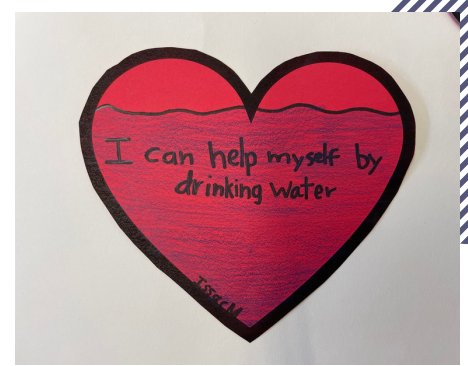
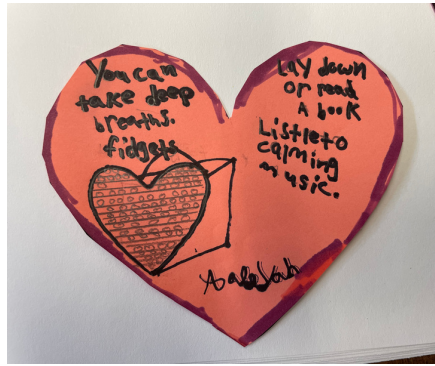
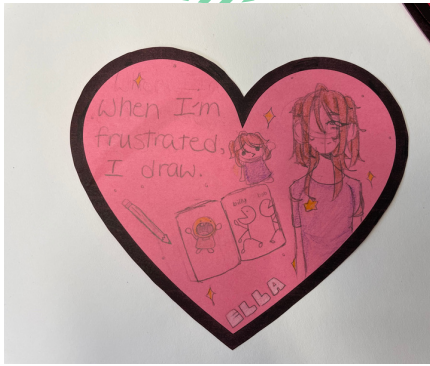


# Div 2, 3, 4, 5 Science Fair!





# Feb 14 Family Teams Activity



How are we Kind to ourselves? How can we prepare ourselves for learning? What do we need as learners? On Feb 14 we talked about what tools or strategies we use to get ourselves ready for learning! These tools can help us be successful!

## What zone am I in?

REST AREA  
↑

GO

SLOW

STOP

<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">sad </div> <div style="border: 1px solid black; padding: 5px;">tired </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">calm </div> <div style="border: 1px solid black; padding: 5px;">ready to learn </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">silly or wiggly </div> <div style="border: 1px solid black; padding: 5px;">frustrated </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">mad </div> <div style="border: 1px solid black; padding: 5px;">angry </div> </div>	
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">sick </div> <div style="border: 1px solid black; padding: 5px;">bored </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">happy </div> <div style="border: 1px solid black; padding: 5px;">okay </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">hyper </div> <div style="border: 1px solid black; padding: 5px;">upset </div> </div>		<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;">yelling </div> <div style="border: 1px solid black; padding: 5px;">hitting </div> </div>	

Use tools to get in the green zone.

drink water	count to 10	take deep breaths	tense and release	use fidgets	draw	write	talk about it
ask to take a break	self talk	ask to take a walk	ask to eat a snack	do stretches	listen to music	lift something heavy	think calm place