

# Tomsett Elementary

## WEEK AT A GLANCE

Week of April 15 - 19, 2024

**MONDAY**

Hot Lunch,

**TUESDAY**

K Hearing Assessment, Gr. 4 Soccer

**WEDNESDAY**

Hot Lunch, Gr. 2 Soccer, Div 12 & 13  
Field Trip

**THURSDAY**

Family Team Activity

**FRIDAY**

Pro-D Day - NO SCHOOL

### Upcoming Events

- Internet Safety Online Workshop for Parents (April 10 & 16)
- Pro-D Day (Apr 19)
- Earth Day (Apr 22)
- 2nd Term Report Card (Apr 26)
- Term 3 begins (Apr 29)

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## Vision and Hearing Check-up

It is important to be on top of your child's vision and hearing ability, as it affects their daily learning in the classroom. It is recommended that all Kindergarten students complete a hearing and vision screening. Vancouver Coastal Health provides hearing assessment for free. Visit this website:

<https://www.vch.ca/en/service/hearing-services>

To check your child's vision, you can visit an optometrist.

For students Grade 1 up, it is recommended to have an eye check up once every 2 years.



# Family Sessions

These sessions were designed to support families and caregivers navigate the digital world.



## Establishing Safe, Caring, & Respectful Digital Communities

**Everyone Welcome!**

**Upcoming Remote Sessions:**

April 10

April 16

**Registration link:**

<https://pages.saferchoolstogether.com/family-session>

**QR Code registration  
link:**



Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. (60 minute session)

This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sexortion.

Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.

### **Families will learn:**

- Digital media habits, oversharing, and digital addiction
- The permanence of online posts/activity
- The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)
- The importance of caring for peers both online and offline
- Geo-locational settings and the dangers of social media and cell phone misuse
- The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)
- An anonymous student reporting tool that can help you and your friends stay safe both online and offline

**erase** | **EXPECT RESPECT &  
A SAFE EDUCATION**



# Events Happening at School

## Paddle & Racket Sports starting in the Gym

In the gym, many divisions are starting with the paddle and racket units. Students would get an opportunity to try all of the following paddle and racket sports:  
Badminton, Table Tennis, Pickle Ball, and Squash

